

PROBLEM GAMBLING

IT CAN HAPPEN TO ANYONE.



Know the signs. Find help. Take back your life.

SIGNS OF PROBLEM GAMBLING



Spending more money than you can afford



Thinking about gambling most of the time



Needing to gamble with more money to feel the same excitement



Chasing losses or trying to win back money



Lying to family or friends about how much you gamble



Gambling is causing problems in your relationships, work, or finances

YOU ARE NOT ALONE

Help is available.



**THERE IS HELP.
THERE IS HOPE.**

Problem gambling is treatable. Reach out and take the first step toward healing and a better future.

GET HELP TODAY

UConnectCare has gambling peers available for you. They provide non-judgmental support, share coping skills, and can help guide you through the recovery process.

CALL US

585-815-5248

or stop in and see us at
The Recovery Station,
5256 Clinton Street Road, Batavia



**SCAN FOR
ADDITIONAL
RESOURCES**